

# Child History Form

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## General Information

Today's Date \_\_\_\_\_

Child's Full Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Gender: Male / Female

Grade: \_\_\_\_\_

School name: \_\_\_\_\_

Home Address (include City, State, Zip code):

\_\_\_\_\_

\_\_\_\_\_

Mother's Name \_\_\_\_\_

Home number \_\_\_\_\_ Work number \_\_\_\_\_

Cell number: \_\_\_\_\_ Employer: \_\_\_\_\_

Father's Name \_\_\_\_\_

Home number \_\_\_\_\_ Work number \_\_\_\_\_

Cell number \_\_\_\_\_ Employer \_\_\_\_\_

Parent's marital status \_\_\_\_\_

Current custody arrangement (if applicable): \_\_\_\_\_

\_\_\_\_\_

Is this visit related to any type of legal or court proceeding? Y / N

If yes, please explain: \_\_\_\_\_

Are you the child's legal guardian? Y / N

If no, please list the following information for the guardian:

Guardian's Name: \_\_\_\_\_

Relation to child: \_\_\_\_\_ Phone #: \_\_\_\_\_

To reschedule appointments where may I call?

Home: Y / N

Work: Y / N

Cell: Y / N Text: Y / N

Please list any restrictions: \_\_\_\_\_

\_\_\_\_\_

Emergency Contact

Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Phone number: \_\_\_\_\_ Alternate number: \_\_\_\_\_

**Overview**

Reason for seeking treatment? \_\_\_\_\_

\_\_\_\_\_

History of patient complaint (When did it first start, known cause or trigger? How often is client affected?): \_\_\_\_\_

\_\_\_\_\_

Desired Goals/Outcomes. Please list below(include what concrete/objective signs will prove goal has been achieved):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Mental Status**If suicidal or homicidal thoughts are present, is the person 1) *actively planning* to do harm or 2) just thinking about not wanting to be alive as a general wish to no longer feel pain?

Has your child ever made a suicide attempt/gesture? Y / N

If so, indicate the date and please explain \_\_\_\_\_

\_\_\_\_\_

Has your child ever had a previous counseling/psychotherapy or had a neurological exam? Y / N  
If yes, reason for treatment? \_\_\_\_\_

What was the result? \_\_\_\_\_

\_\_\_\_\_

What are the child's usual Mood/Emotions? \_\_\_\_\_

How does child get along with others? \_\_\_\_\_

Memory: strong / poor

Judgment: good / poor

Speech/Thought Process: normal / problems

-if problems, please briefly describe: \_\_\_\_\_

Child's Insight into own problems: Strong/average/minimal

Impulse Control: Strong/average/minimal

Did your child achieve normal developmental milestones on time? (e.g. walking, talking)

**Social****Friendships:**

How does this child relate to other children? Well /poorly, Leader/Follower, isolated/bullied

Frequent fights with playmates? Y / N Bullies or is Bullied? Y / N

Prefers playing with younger children? Y / N Prefers to relate to older children or adults? Y / N

Has trouble making friends? Y / N

Prefers to play alone? Y / N

Are there children in the neighborhood with whom this child can play?

**Medical History**

Previous/Current Health Issues: \_\_\_\_\_

\_\_\_\_\_

Hospitalization History: \_\_\_\_\_

Substance Use? Y / N

Smoking Cigarettes or using tobacco products? Y / N

Drug Use? Y / N if yes, what substances?

HIV risk? Y / N

Date of Last Physical Exam? \_\_\_\_\_

Motor Development and Functioning? Normal/Abnormal. If abnormal, please explain.

Sensory Functioning? Normal/Abnormal. If abnormal, please explain.

Immunization Status: Up to date / Unknown

Date of most recent physical exam: Reason for exam:

Describe any major illnesses, injuries, or surgeries or hospitalizations:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Is your child currently on any medications or a special diet (please list/describe):

\_\_\_\_\_  
 \_\_\_\_\_

Has your child ever had a head injury? Y / N

Did he or she lose consciousness? Y / N

Has your child ever had a seizure? Y / N

Has your child ever sustained a high fever (above 101 degrees) Y / N

If yes, how high and when? \_\_\_\_\_

What allergies does your child have? (Please include any allergies to food, medications, pets, seasonal) \_\_\_\_\_

\_\_\_\_\_

Who in the child's home or life may have an alcohol or drug issue:

\_\_\_\_\_  
 \_\_\_\_\_

Is your child currently taking any psychotropic medication (e.g. ADHD medication, anti-depressants, anti-anxiety, etc.)? Y / N

Are there any speech, hearing, or learning difficulties? Y / N if yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Has your child ever received speech/language services? Y / N

Has your child ever been evaluated for special education? Y / N

If yes, does your child have an IEP or a 504 Plan? (circle which one)

Date of most recent plan review: \_\_\_\_\_

### Areas of Concern

Please circle areas of concern/distress:

Academic problems	Y	N
Aggressive Behavior	Y	N
Anxiety/Fear/Worries	Y	N
Attention/Concentration difficulties	Y	N
Bedwetting	Y	N

Behavior Problems	Y	N
Change in family dynamics (e.g divorce/remarriage)	Y	N
Depression	Y	N
Eating Problems	Y	N
Feelings over a recent loss/death	Y	N
Relationship with Family	Y	N
Relationship with Peers	Y	N
Relationship with Teachers	Y	N
Losing contact with reality	Y	N
Problems with Alcohol or Drugs	Y	N
Inappropriate Sexual Behaviors	Y	N
Social Situation Issues	Y	N
Problems Sleeping	Y	N
Potential harm to self/others, including statements or behaviors about suicide	Y	N

Please list any of your child's hobbies, sports, skills or talents:

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**Vision**

Has your child ever had a comprehensive or behavioral vision exam? Y / N

Does your child wear glasses or contacts? Y / N

Does your child have any vision problems? Y / N

Date of last eye exam and Dr.'s name \_\_\_\_\_

Type of Doctor? E.g. optometrist, ophthalmologist, screening at school Y / N

Does your child frequently rub their eyes?	Y	N
Does your child complain of frequent headaches?	Y	N
Does your child complain of blurry or double vision?	Y	N
Does your child lose their place while reading?	Y	N
Does your child say that they dislike reading?	Y	N
Does your child frequently read entire passages but can't remember what was just read? (poor comprehension)	Y	N
Does your child seem to be light-sensitive?	Y	N
Does your child's eyes appear not to target at same point in space frequently?	Y	N
How long can your child read for before the any of the above symptoms appear? _____ Min		

**Behavioral**

Does/Is your child:

Have temper tantrums?	Y	N
Easily over stimulated in play?	Y	N
Have a short attention span?	Y	N
Lacks self-control?	Y	N
Seems unhappy a lot?	Y	N
Withholds affection?	Y	N
Hides feelings or fears?	Y	N
Seems overly energetic in play?	Y	N
Seems impulsive?	Y	N
Overreacts when faced with a problem?	Y	N

**Other Problems**

Speech problems? Y / N

Hearing problems? Y / N

Hypersensitive to: (circle any that apply) light / physical touch (e.g. being touched, tags in clothing, textures), others emotions

**Abuse**

Has this child ever reported being physically, sexually or verbally/emotionally abused? Y / N

**\*If yes, please discuss this with Dr. Goldner \***

**Eating and Sleeping:**

Does your child have any eating or appetite issues? Y / N

Are there any changes in your child's eating habits? Y / N

-When did you first notice this? \_\_\_\_\_

Is it an overeating or and under-eating issue? (please circle)

Are there any changes or issues in your child's sleeping habits?

(circle all that apply): Oversleeps, Sleepwalks, Has difficulty waking up in the morning, Wakes up during the night, Difficulty falling asleep, Has nightmares, Has Night Terrors

**Gastrointestinal/Neurological/Cardiovascular Concerns:**

Does you child have any of the following? (circle all that apply)

Shortness of Breath or dizziness with physical exertion, Frequent Diarrhea, Constipation, Stomach Pain, Sucks Thumb, Bites Nails, Grinds/Clenches Teeth, Accident Prone, Bangs Head, Rocks Back and Forth, Has Tics/Twitches, Verbal outbursts of inappropriate words or grunts/other noises, fainting.

**Family**

Please list any siblings (full/half/step): Name, Relationship, Age

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Family History**

Is this child closer to one parent than the other? Y / N

If yes, which? \_\_\_\_\_

Has there ever been a divorce or separation or death? Y / N

If yes, when? \_\_\_\_\_ Age of child at the time? \_\_\_\_\_

Was Divorce Amicable? Y / N

If parents are divorced or separated, how often does the non-custodial parent see the child?

\_\_\_\_\_  
\_\_\_\_\_

How well does this child get along with his or her siblings?

\_\_\_\_\_

**Family Health**

Has any family members had any of the following? If yes, please specify who and their relationship to the child. If child is not living with biological parents, please health information on biological parents, if known.

Tourette's Syndrome \_\_\_\_\_

Migraine Headaches \_\_\_\_\_

